



NOSSAL HIGH SCHOOL

| FROM THE DELI BAR FRIDGE | | \$ |
|--------------------------------------|-----------|----|
| Seasonal Fresh Fruit | from 2.00 | |
| Fruit Salad (Made Fresh Daily) GF VE | from 4.00 | |
| Yoghurt with Muesli | 4.00 | |
| Croissant (Filled extra 50¢) | 4.00 | |
| Sushi Rolls: Vege/Chicken/Tuna GF | 3.80 | |

| FRESHLY-MADE SANDWICHES (extra \$1 for roll) | | \$ |
|---|-----------|----|
| Cheese & Tomato V | 3.50 | |
| Ham & Cheese | 4.50 | |
| Ham, Cheese & Tomato | 4.50 | |
| Salad: Lettuce, Tomato, Carrot, Cucumber & Mayo VRV | 4.00 | |
| Egg & Lettuce V | 4.00 | |
| Cheese & Salad V | 5.00 | |
| Roast Chicken & Salad H | 6.00 | |
| Ham & Salad | 6.00 | |
| Gourmet Wraps | from 7.00 | |

| FROM THE HOT FOOD BAR (extra 20¢ for sauce) | | \$ |
|---|-----------|----|
| Egg and Bacon Muffin (cheese extra 50¢) | 4.00 | |
| Breakky Wrap: bacon, egg, hashbrown & BBQ | from 5.50 | |
| Oven Baked Hash Browns GF HVE | 2.00 | |
| Steamed Dim Sim H | 1.50 | |
| Homemade Sausage Roll | 5.00 | |
| Pies | from 4.50 | |
| Zinger Pocket or Burger H | 6.50 | |
| Chicken/Beef Burger H | from 5.50 | |
| Oven Baked Wedges HVE | 4.00 | |
| Sweet Chili Chicken Tender H | each 2.50 | |
| Crumbed Chicken Wrap H | 5.00 | |
| Vegetarian Spring Rolls HVE | 3.00 | |
| Devil Wings H | each 3.00 | |
| Homemade Pizza Slice | 4.50 | |
| Beef or Vegetarian Nachos GF H VR | from 5.50 | |
| Chicken Souvlaki H | 7.00 | |
| Chicken Parma H | 6.50 | |
| Pasta: Penne/Spirals with Bolognese H | 4.50 | |
| Pasta: Penne/Spirals with Napoli sauce VE | 4.50 | |
| Pasta: Lasagne H | 6.50 | |
| Pasta: Ravioli/Tortellini | 6.50 | |
| Fried Rice GF | 5.00 | |
| Curry H VR | 6.50 | |
| Stir-fry Noodles VRV | 6.00 | |
| Chili Con Carne | 6.50 | |
| Chicken Caccitore GF H | 6.50 | |
| Gozleme - Spinach & Cheese | 4.00 | |
| Homemade Soup of the day GF H S VE | 6.00 | |
| Spinach & Cheese Spanakopita H VRV | 6.50 | |
| Pide: Spinach or Lamb H VR | 7.50 | |

| DAILY SPECIALS FROM THE SALAD BAR | | \$ |
|---|------------|----|
| Garden Salad VE V GF | 5.50 | |
| Greek Salad V GF | 6.00 | |
| Chicken Caesar Salad GF | 7.00 | |
| Any Salad with Chicken, Tuna H | extra 1.00 | |
| Specialty Salads available online or by request: eg. Rice, Quinoa, Cous Cous & Thai Noodle | 6.50 | |

| GOURMET PANINI | | \$ |
|-----------------------------|-----------|----|
| Ham, Cheese & Tomato | 6.00 | |
| Mediterranean Vegetable VRV | 7.00 | |
| Varieties of Chicken H | from 7.00 | |

| DRINKS | | \$ |
|-----------------------------|------|----|
| Apple or Orange Juice 350ml | 3.60 | |
| Oak 300ml | 3.10 | |
| Oak 600ml | 5.10 | |
| Ice Break 500ml | 5.10 | |
| Bottled Water 500ml | 3.60 | |
| Bottled Water 750ml | 4.60 | |
| Soft Drink Can (Sugar Free) | 2.60 | |
| Iced Tea 500ml Bottle | 4.50 | |

| FROM THE CAFÉ BAR | | \$ |
|-----------------------------------|------|----|
| Hot Chocolate | 4.00 | |
| Café Latte (Lite/Full Cream Milk) | 4.00 | |
| Cappuccino (Lite/Full Cream Milk) | 4.00 | |
| Flat White (Lite/Full Cream Milk) | 4.00 | |
| Chai Latte | 4.50 | |
| Espresso/Short Macchiato | 3.00 | |
| Long Macchiato | 3.50 | |
| EXTRAS | | |
| Strong/Extra Shot/Mocha | 0.50 | |
| Almond Milk / Soy Milk / Oat Milk | 1.00 | |
| Medium Cup | 4.50 | |
| Extra Large Cup | 5.50 | |

| SNACKS | | \$ |
|-----------------|------|----|
| Cake Slices | 3.00 | |
| Slices | 2.50 | |
| Rock Deli Chips | 2.50 | |
| Muffins | 4.00 | |

| HOW TO COMPLETE LUNCH ORDERS: | |
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| 1. Go to www.boccafoods.com.au to register account | |
| 2. Ensure correct YEAR LEVEL/CLASSROOM details | |
| 3. Add items to your basket and pay via credit card | |
| 4. Collect orders from priority queue at the canteen | |
| NOTE: Any dietary requirements to be pre-ordered, & out of stock items to be replaced by similar items | |

DIETARY GUIDE:

GF GLUTEN FREE UPON REQUEST H HALAL S SEASONAL VE VEGAN VR VEGAN UPON REQUEST V VEGETARIAN